September 2024	Avivo Community Support Program			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
CSP Closed (Labor Day)	Open Studio 11:00 am - 4:00 pm 12:00 - 1:00: Podcast Planning Lunch (Lunch Provided) 1:00 - 2:30 pm: Creative Writing w/ Sasha 2:30 pm: Outdoor Movement	Open Studio 11:00 am - 4:00 pm 11:00 am - 1:00 pm: Artistic Development and Opportunities + Tech Support 12:30 pm: Outdoor Movement Group 1:00 - 4:00 pm: Clay	 Open Studio 11:00 am - 4:00 pm 10:00 - 11:00 am: Gardening 11:00 am - 1:00 pm: Coffee & Board Games 1:00 - 4:00 pm: Mindful Painting 1:00 - 4:00 pm: Audio w/ Sasha 	
	Group		• 2:30 pm: Outdoor Movement Group	
9	10	11	12	
Open Studio 11:00 am - 4:00 pm 11:30 am: Peer Check-In 12:30 pm: Outdoor Movement Group 1:00 - 3:00 pm: Book Club: Drawing on the Right Side of the Brain	CSP Closed (Staff Development Day)	Open Studio 11:00 am - 4:00 pm 11:00 am - 1:00 pm: Artistic Development and Opportunities + Tech Support 12:30 pm: Outdoor Movement Group 1:00 - 4:00 pm: Mental Health and Nonviolent Communication Workshop with the AVP	Open Studio	
16	17	18	19	
Open Studio 11:00 am - 4:00 pm 11:30 am: Peer Check-In 12:30 pm: Outdoor Movement Group 1:00 - 3:00 pm: Book Club: Drawing on the Right Side of the Brain	Open Studio 11:00 am - 4:00 pm 1:00 - 2:30 pm: Creative Writing w/ Sasha and Guest Teacher Leah! 2:00 pm: Bingo + Watson After Bingo: Outdoor Movement Group	CSP Field Trip 10:00 am – 2:00 pm Franconia Sculpture Park (RSVP to reserve a van seat)	Open Studio 11:00 am - 4:00 pm 10:00 - 11:00 am: Gardening 11:00 am - 1:00 pm: Coffee & Board Games 1:00 - 4:00 pm: Mindful Painting 1:00 - 4:00 pm: Audio w/ Sasha 2:30 pm: Outdoor Movement Group	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
23	24	25	26
Open Studio	Open Studio	Open Studio	Open Studio
11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm
 11:30 am: Peer Check-In 12:30 pm: Outdoor Movement Group 1:00 – 3:00 pm: Book Club: Drawing on the Right Side of the Brain 	 1:00 - 2:30 pm: Creative Writing w/ Sasha 2:30 pm: Outdoor Movement Group 	 11:00 am - 1:00 pm: Artistic Development and Opportunities + Tech Support 12:30 pm: Outdoor Movement Group 1:00 - 4:00 pm: Clay 	 10:00 – 11:00 am: Gardening 11:00 am – 1:00 pm: Coffee & Board Games 1:00 – 4:00 pm: Mindful Painting 2:30 pm: Outdoor Movement Group
30			
Open Studio			
11:00 am - 4:00 pm			
• 11:30 am: Peer Check-In			
• 12:30 pm: Outdoor Movement			
Group			
• 1:00 – 3:00 pm: Book Club: Drawing on the Right Side of the Brain			

RSVP for programming: (612) 752-8332 or community.support@avivomn.org

All programming is held at our art studio in the Grain Belt Bottling House, 79 13th Ave NE, Suite 105, Minneapolis MN 55413, unless otherwise noted.

- Transportation assistance is often available RSVP to discuss options with staff.
- All groups and events are tobacco free.
- Masks are welcome but not required for indoor programming.
- Please stay home if you feel sick or have symptoms of COVID-19.