



Mental Health Clinic

Avivo's Mental Health Clinic offers several therapeutic services for individuals and families. These include:

- Diagnostic Assessments
- Individual therapy
- Couples therapy
- Psychiatric assessments & medication management
- Family therapy
- Group therapy

At Avivo, we are a diverse team of mental health professionals and clinical trainees. We offer several somatic interventions:

- EMDR
- Trauma-informed Yoga
- Brain Spotting
- And more...



To schedule an appointment, call 612-752-8000.

We accept Medical Assistance and private insurance.

Avivo's Mental Health Clinic
1900 Chicago Avenue
Minneapolis, MN 55404

To complete a referral, email mhc.intake@avivomn.org or scan the QR code below:

