March 2024	Avivo Community Support Program				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4	5	6	7	8	
Open Studio	Open Studio	Open Studio	Mental Health Day		
11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	on the Hill		
10:00 am - 11:00 am  Pyschoeducation  w/ Miatta  11:30 am - 12:30 pm  Peer Check-In  12:30 pm - 1:30 pm  Walking Club	1:00 pm — 2:30 pm Creative Writing w/ Sasha  2:00 pm — 4:00 pm Aluminum Embossing with Samantha	11:00 am — 1:00 pm Artistic Development and Opportunities + Tech Support  1:00 pm – 4:00 pm Clay: Pinch Pots w/ Laura	9:30 am, Christ on Capitol Hill Church, 105 University Ave W, St. Paul, MN Van ride offered from 1825 Chicago: meet at 9:00am		
2:00 pm – 3:00 pm BIPOC Support w/ Miatta			meet at 5100am		
11	12	13	14	15	
Open Studio	Open Studio	Open Studio	Open Studio		
11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm		
10:00 am – 11:00 am Pyschoeducation w/ Miatta	1:00 pm — 2:30 pm Creative Writing (w/ sub Laura)	11:00 am — 1:00 pm Artistic Development and Opportunities + Tech Support	11:00 am — 1:00 pm Coffee & Board Games		
<b>11:30 am — 12:30 pm</b> Peer Check-In	2:00 pm — 4:00 pm Aluminum Embossing with Samantha	1:00 pm – 4:00 pm Clay: Spring Flowers and	1:00 pm – 4:00 pm Textile Thursday		
<b>12:30 pm — 1:30 pm</b> Walking Club		Animals			
1:00 pm – 3:00 pm RESCHEDULED: Macrame w/ Kimberly					
2:00 pm – 3:00 pm BIPOC Support w/ Miatta					

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
Open Studio	Open Studio	Open Studio	Open Studio	
11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	
10:00 am – 11:00 am Pyschoeducation w/ Miatta  11:30 am — 12:30 pm Peer Check-In  12:30 pm — 1:30 pm Walking Club  1:00 pm – 4:00 pm Drawing Club w/ Tovah  2:00 pm – 3:00 pm	1:00 pm —2:30 pm Creative Writing w/ Sasha  2:00 pm Bingo + Watson the Dog!	11:00 am — 1:00 pm Artistic Development and Opportunities + Tech Support  1:00 pm – 4:00 pm Clay: Spring Flowers and Animals	11:00 am – 1:00 pm Coffee & Board Games  1:00 pm – 4:00 pm Audio w/ Sasha (1-hour sessions available)  1:00 pm – 4:00 pm Textile Thursday	
BIPOC Support w/ Miatta	26			
25	26	27	28	29
Open Studio	Open Studio	Open Studio	Open Studio	
11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	11:00 am - 4:00 pm	
10:00 am – 11:00 am	1:00 pm — 2:30 pm	11:00 am — 1:00 pm	11:00 am – 1:00 pm	
Pyschoeducation	Creative Writing	Artistic Development	Coffee & Board Games	
w/ Miatta	w/ Sasha	and Opportunities		
11:30 am — 12:30 pm		+ Tech Support	1:00 pm – 4:00 pm Audio w/ Sasha (1-hour	
Peer Check-In		<b>1:00 pm – 4:00 pm</b> Clay: Glazing	sessions available)	
12:30 pm — 1:30 pm		,	1:00 pm – 4:00 pm	AVIVO
Walking Club			Textile Thursday	A
1:00 pm – 4:00 pm				
Drawing Club w/ Tovah				
2:00 pm – 3:00 pm				
BIPOC Support w/ Miatta				

## RSVP for programming: (612) 752-8332 or <a href="mailto:community.support@avivomn.org">community.support@avivomn.org</a>

All programming is held at our art studio in the Grain Belt Bottling House, **79 13**<sup>th</sup> **Ave NE, Suite 105, Minneapolis MN 55413,** unless otherwise noted.

- Transportation assistance is often available RSVP to discuss options with staff.
- All groups and events are tobacco free.
- Masks are welcome but not required for indoor programming.
- Please stay home if you feel sick or have symptoms of COVID-19.