

March 2024

Avivo Community Support Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
<p>Open Studio 11:00 am - 4:00 pm</p> <p>10:00 am – 11:00 am Psychoeducation w/ Miatta</p> <p>11:30 am – 12:30 pm Peer Check-In</p> <p>12:30 pm – 1:30 pm Walking Club</p> <p>2:00 pm – 3:00 pm BIPOC Support w/ Miatta</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>1:00 pm – 2:30 pm Creative Writing w/ Sasha</p> <p>2:00 pm – 4:00 pm Aluminum Embossing with Samantha</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am – 1:00 pm Artistic Development and Opportunities + Tech Support</p> <p>1:00 pm – 4:00 pm Clay: Pinch Pots w/ Laura</p>	<p>Mental Health Day on the Hill 9:30 am, Christ on Capitol Hill Church, 105 University Ave W, St. Paul, MN</p> <p>Van ride offered from 1825 Chicago: meet at 9:00am</p>	
11	12	13	14	15
<p>Open Studio 11:00 am - 4:00 pm</p> <p>10:00 am – 11:00 am Psychoeducation w/ Miatta</p> <p>11:30 am – 12:30 pm Peer Check-In</p> <p>12:30 pm – 1:30 pm Walking Club</p> <p>1:00 pm – 3:00 pm RESCHEDULED: Macrame w/ Kimberly</p> <p>2:00 pm – 3:00 pm BIPOC Support w/ Miatta</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>1:00 pm – 2:30 pm Creative Writing (w/ sub Laura)</p> <p>2:00 pm – 4:00 pm Aluminum Embossing with Samantha</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am – 1:00 pm Artistic Development and Opportunities + Tech Support</p> <p>1:00 pm – 4:00 pm Clay: Spring Flowers and Animals</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am – 1:00 pm Coffee & Board Games</p> <p>1:00 pm – 4:00 pm Textile Thursday</p>	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
<p>Open Studio 11:00 am - 4:00 pm</p> <p>10:00 am – 11:00 am Psychoeducation w/ Miatta</p> <p>11:30 am – 12:30 pm Peer Check-In</p> <p>12:30 pm – 1:30 pm Walking Club</p> <p>1:00 pm – 4:00 pm Drawing Club w/ Tovah</p> <p>2:00 pm – 3:00 pm BIPOC Support w/ Miatta</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>1:00 pm — 2:30 pm Creative Writing w/ Sasha</p> <p>2:00 pm Bingo + Watson the Dog!</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am — 1:00 pm Artistic Development and Opportunities + Tech Support</p> <p>1:00 pm – 4:00 pm Clay: Spring Flowers and Animals</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am – 1:00 pm Coffee & Board Games</p> <p>1:00 pm – 4:00 pm Audio w/ Sasha (1-hour sessions available)</p> <p>1:00 pm – 4:00 pm Textile Thursday</p>	
25	26	27	28	29
<p>Open Studio 11:00 am - 4:00 pm</p> <p>10:00 am – 11:00 am Psychoeducation w/ Miatta</p> <p>11:30 am – 12:30 pm Peer Check-In</p> <p>12:30 pm – 1:30 pm Walking Club</p> <p>1:00 pm – 4:00 pm Drawing Club w/ Tovah</p> <p>2:00 pm – 3:00 pm BIPOC Support w/ Miatta</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>1:00 pm — 2:30 pm Creative Writing w/ Sasha</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am — 1:00 pm Artistic Development and Opportunities + Tech Support</p> <p>1:00 pm – 4:00 pm Clay: Glazing</p>	<p>Open Studio 11:00 am - 4:00 pm</p> <p>11:00 am – 1:00 pm Coffee & Board Games</p> <p>1:00 pm – 4:00 pm Audio w/ Sasha (1-hour sessions available)</p> <p>1:00 pm – 4:00 pm Textile Thursday</p>	

RSVP for programming: (612) 752-8332 or community.support@avivomn.org

All programming is held at our art studio in the Grain Belt Bottling House, 79 13th Ave NE, Suite 105, Minneapolis MN 55413, unless otherwise noted.

- Transportation assistance is often available — RSVP to discuss options with staff.
- All groups and events are tobacco free.
- Masks are welcome but not required for indoor programming.
- Please stay home if you feel sick or have symptoms of COVID-19.