



# Mental Health Clinic

Avivo's Mental Health Clinic offers several therapeutic services for individuals and families. These include:

- Diagnostic Assessments
- Individual therapy
- Couples therapy
- Psychiatric assessments & medication management
- Family therapy
- Group therapy

At Avivo, we are a diverse team of mental health professionals and clinical trainees. We offer several somatic interventions:

- EMDR
- Trauma-informed Yoga
- Brain Spotting
- And more...



To schedule an appointment, call 612-752-800.

We accept Medical Assistance and private insurance.

Avivo's Mental Health Clinic  
1900 Chicago Avenue  
Minneapolis, MN 55404

To complete a referral, email [mhc.intake@avivomn.org](mailto:mhc.intake@avivomn.org) or scan the QR code below:

