


NOVEMBER 2023

Avivo Community Support Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>11:00 am — 1:00 pm Artistic Development and Opportunities</p> <p>11:00 — 4:00 pm Open Studio + Clay (starting at 1:00 pm)</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>2</p> <p>10:00 am — 11:00 am Expressive Arts Therapy</p> <p>11:00 am — 1:00 pm Coffee & Board Games</p> <p>11:00 — 4:00 pm Open Studio</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>3</p>
<p>6</p> <p>10:00 am — 11:00 am Expressive Arts Therapy</p> <p>11:00 am — 4:00 pm Open Studio</p> <p>11:30 am—12:30 pm Peers Check-In</p> <p>12:30 — 1:30 pm Walking Club</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>7</p> <p>11:00 am — 4:00 pm Open Studio + Tovah leads candle pouring at 1:00 pm!</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>8</p> <p>11:00 am — 1:00 pm Artistic Development and Opportunities</p> <p>11:00 — 4:00 pm Open Studio</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p> <p>All member submissions for Fall Open Studios DUE TODAY</p>	<p>9</p> <p>10:00 am — 11:00 pm Expressive Arts Therapy on Zoom!</p> <p>8:00 am — 4:30 pm Jamie (CSP Therapy Intern) is available for free 1:1 appointments via Zoom or phone. Call or text (320) 227-1334 to schedule!</p> <p>Studio Closed</p>	<p>10</p> <p>Fall Open Studios</p> <p>4:00 — 7:00 pm Artist Reception + Studio open to the public</p> <p>Saturday, Nov. 11 12:00 pm — 6:00 pm Studio open to the public + Member-led arts activities</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>
<p>13</p> <p>10:00 am — 11:00 am Expressive Arts Therapy</p> <p>11:00 am — 4:00 pm Open Studio + Joanne leads Pastel Exploration at 1:00 pm</p> <p>11:30 am—12:30 pm Peers Check-In</p> <p>12:30 — 1:30 pm Walking Club</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>14</p> <p>CSP Closed</p>	<p>15</p> <p>CSP Closed</p>	<p>16</p> <p>10:00 am — 11:00 pm Expressive Arts Therapy on Zoom!</p> <p>8:00 am — 4:30 pm Jamie (CSP Therapy Intern) is available for free 1:1 appointments via Zoom or phone. Call or text (320) 227-1334 to schedule!</p> <p>Studio Closed</p>	<p>17</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20	21	22	23	24
<p>10:00 am – 11:00 am Expressive Arts Therapy</p> <p>11:00 am – 4:00 pm Open Studio</p> <p>11:30 am—12:30 pm Peers Check-In</p> <p>12:30 – 1:30 pm Walking Club</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>12:00 – 3:00 pm CSP Gathering at 1825: Thanksgiving Meal + Bingo! (Please RSVP so we know how much food to prepare.)</p> <p><i>CSP Kitchen 1825 Chicago Ave Minneapolis</i></p>	<p>11:00 am – 1:00 pm Artistic Development and Opportunities</p> <p>11:00 – 4:00 pm Open Studio + Clay (starts at 1:00 pm)</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>CSP Closed for Thanksgiving</p>	
27	28	29	30	
<p>11:00 am – 4:00 pm Open Studio + Expressive Watercolors at 1:00 pm</p> <p>11:30 am—12:30 pm Peers Check-In</p> <p>12:30 – 1:30 pm Walking Club</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>11:00 am – 4:00 pm Open Studio + Paper Making at 1:00 pm</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>11:00 am – 1:00 pm Artistic Development and Opportunities</p> <p>11:00 – 4:00 pm Open Studio + Clay (starts at 1:00 pm)</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	<p>10:00 am – 11:00 am Expressive Arts Therapy</p> <p>11:00 am – 1:00 pm Coffee & Board Games</p> <p>11:00 – 4:00 pm Open Studio</p> <p><i>Grain Belt Studio 79 13th Ave NE Minneapolis</i></p>	

RSVP for programming: (612) 752-8332 or community.support@avivomn.org

- Transportation assistance is often available — RSVP to discuss options with staff.
- All groups and events are tobacco free.
- Masks are welcome but not required for indoor programming.
- Please stay home if you feel sick or have symptoms of COVID-19.