


Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CSP Closed -- New Year's Day Observed</p>	<p>3</p> <p>12:00 pm – 1:00 pm Tasty Tuesday <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Yarn Heads + Nintendo Wii Fit <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>1:00 pm – 4:00 pm Open Studio: Still Life <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p>	<p>4</p> <p>11:00 am – 1:00 pm Artistic Development and Opportunities @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>11:00 am – 12:00 pm Mindful Art on Zoom</p> <p>12:00 pm – 1:30 pm Book Club on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>2:00 pm – 3:00 pm Coping with Anxiety on Zoom</p> <p>3:00 pm – 4:00 pm Chair Yoga on Zoom</p>	<p>5</p> <p>11:00 am – 12:30 pm Expressive Arts Therapy <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Learn About Cuba with Pam <i>Creekside Community Center 9801 Penn Ave S, Bloomington</i></p> <p>1:00 pm – 2:00 pm Zoom Fitness</p> <p>1:00 pm – 4:00 pm Painting Club @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>12:15, 2:00, 4:00 pm Music Production @ <i>Grain Belt (Contact T'Adre to sign up)</i></p>	<p>6</p>
<p>9</p> <p>11:00 am – 4:00 pm Open Studio <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p> <p>11:30 am – 12:30 pm Peers Check-In <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p>	<p>10</p> <p>12:00 pm – 1:00 pm Tasty Tuesday <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Yarn Heads + Rubber Stamping <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>1:00 pm – 4:00 pm Open Studio: Still Life <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p>	<p>11</p> <p>11:00 am – 1:00 pm Artistic Development and Opportunities @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>11:00 am – 12:00 pm Mindful Art on Zoom</p> <p>12:00 pm – 1:00 pm Sound Healing on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>2:00 pm – 3:00 pm Coping with Anxiety on Zoom</p> <p>3:00 pm – 4:00 pm Chair Yoga on Zoom</p>	<p>12</p> <p>11:00 am – 12:30 pm Expressive Arts Therapy <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Rubber Stamping + Card Making <i>Creekside Community Center 9801 Penn Ave S, Bloomington</i></p> <p>1:00 pm – 2:00 pm Zoom Fitness</p> <p>1:00 pm – 4:00 pm Painting Club @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>12:15, 2:00, 4:00 pm Music Production @ <i>Grain Belt (Contact T'Adre to sign up)</i></p>	<p>13</p> <p>12:00 pm – 2:00 pm Como Conservatory Field Trip <i>Marjorie McNeely Conservatory 1225 Estabrook Drive, St. Paul</i></p>
<p>16</p> <p>CSP Closed -- MLK Day</p>	<p>17</p> <p>12:00 pm – 1:00 pm Tasty Tuesday <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Yarn Heads + Rubber Stamping <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>1:00 pm – 4:00 pm Open Studio: Still Life <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p>	<p>18</p> <p>11:00 am – 1:00 pm Artistic Development and Opportunities @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>11:00 am – 12:00 pm Mindful Art on Zoom</p> <p>12:00 pm – 1:30 pm Book Club on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>2:00 pm – 3:00 pm Coping with Anxiety on Zoom</p>	<p>19</p> <p>11:00 am – 12:30 pm Expressive Arts Therapy <i>Grain Belt Bottling House 79 13th Ave NE, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Tami's Recycled Fabric Bowls <i>Creekside Community Center 9801 Penn Ave S, Bloomington</i></p> <p>1:00 pm – 2:00 pm Zoom Fitness</p> <p>1:00 pm – 4:00 pm Painting Club @ <i>Grain Belt 79 13th Ave NE, Minneapolis</i></p> <p>12:15, 2:00, 4:00 pm Music Production @ <i>Grain Belt (Contact T'Adre to sign up)</i></p>	<p>20</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>23</p> <p>11:00 am – 4:00 pm Open Studio <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p> <p>11:30 am – 12:30 pm Peers Check-In <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p> <p>12:00 pm – 1:00 pm Sound Healing on Zoom</p>	<p>24</p> <p>12:00 pm – 1:00 pm Tasty Tuesday <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: BINGO + Yarn Heads <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>1:00 pm – 4:00 pm Open Studio: Still Life <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p>	<p>25</p> <p>11:00 am – 1:00 pm Artistic Development and Opportunities @ <i>Grain Belt</i> 79 13th Ave NE, Minneapolis</p> <p>11:00 am – 12:00 pm Mindful Art on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio @ <i>Grain Belt</i> 79 13th Ave NE, Minneapolis</p> <p>2:00 pm – 3:00 pm Coping with Anxiety on Zoom</p> <p>12:00 pm – 1:30 pm Tea Tasting Club on Zoom</p> <p>3:00 pm – 4:00 pm Chair Yoga on Zoom</p>	<p>26</p> <p>11:00 am – 12:30 pm Expressive Arts Therapy <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p> <p>12:00 pm – 3:00 pm CSP Gathering: BINGO <i>Creekside Community Center</i> 9801 Penn Ave S, Bloomington</p> <p>1:00 pm – 2:00 pm Zoom Fitness</p> <p>1:00 pm – 4:00 pm Painting Club @ <i>Grain Belt</i> 79 13th Ave NE, Minneapolis</p> <p>12:15, 2:00, 4:00 pm Music Production @ <i>Grain Belt</i> (Contact T'Adre to sign up)</p>	<p>27</p>
<p>30</p> <p>11:00 am – 4:00 pm Open Studio <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p> <p>11:30 am – 12:30 pm Peers Check-In <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p>	<p>31</p> <p>12:00 pm – 1:00 pm Tasty Tuesday <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>12:00 pm – 3:00 pm CSP Gathering: Movie & Popcorn + Yarn Heads <i>CSP Kitchen, 1825 Chicago Ave, Minneapolis</i></p> <p>1:00 pm – 4:00 pm Open Studio: Still Life <i>Grain Belt Bottling House</i> 79 13th Ave NE, Minneapolis</p>			

RSVP for programming: (612) 752-8332 or community.support@avivomn.org

- Zoom links are emailed out before each virtual program.
- Transportation assistance is often available – RSVP to discuss options with staff.
- All groups and events are tobacco free.
- Masks are welcome but not required at indoor programming. Thank you!